



## **WAIVER AND RELEASE**

THIS WAIVER & RELEASE (this "Agreement") dated: \_\_\_\_\_  
BETWEEN: \_\_\_\_\_ (the "Participant") and Astra Ascension d/b/a Ad  
Astra Awakening (the "Organizer") IN CONSIDERATION OF the covenants and agreements  
contained in this Agreement and other good and valuable consideration, the receipt of which is  
hereby acknowledged, the parties to this Agreement agree as follows:

### **Consideration**

1. Being of lawful age and in consideration of being permitted to participate in the activity described below, having personally reviewed the benefits and potential challenges of ayahuasca use, the Participant releases and forever discharges the Organizer and the Organizer's heirs, executors, administrators, legal representatives and assigns from all manner of actions, causes of action, debts, accounts, bonds, contracts, claims and demands for or by reason of any injury to person or property, including injury resulting in the death of the Participant, which has been or may be sustained as a consequence of the Participant's participation in the activity described below, and notwithstanding that such damage, loss or injury may have been caused solely or partly by the negligence of the Organizer.
2. The Participant understands that the Participant would not be permitted to participate in the activity described below unless the Participant signed this Agreement.

### **Details of Activity**

The Participant will participate in the following activities: one-month guided preparation for an ayahuasca ceremony; participation in a retreat and ayahuasca ceremony in Guarne, Colombia; and three-month guided integration program following the ayahuasca ceremony. Participation may include all activities, food, and accommodations as part of the retreat experience in single or double arrangements.

## **Code of Conduct**

The Participant agrees to the following rules and stipulations:

1. Respect the medicine and the traditions with which we will work.
2. Respect and follow instructions and guidelines given by the Organizer.
3. Respect the healing process of yourself and others in the group.
4. Respect the personal boundaries of others in the group.
5. Respect that everyone is undergoing their own experience, and deserves to have their own space, peace and quiet.
6. Respect all guests and staff.
7. We have zero tolerance for the use of any substances, recreational or otherwise without the explicit consent of the Organizer.

## **Fitness to Participate**

1. The Participant acknowledges that the Participant has fully disclosed all known physical limitations, medical ailments, and physical or mental disabilities. If required, the Participant has/will obtain a medical examination and clearance prior to arrival. **INITIALS:** \_\_\_\_\_
2. The Participant agrees not to partake in any other psychoactive substances during their stay, including but not limited to: prescription medications, recreational drugs, or other plant medicines/psychedelics (unless given explicit consent by the Organizer). **INITIALS:** \_\_\_\_\_
3. The Participant acknowledges that:
  - They are not taking or have not taken any SSRI containing medication for the past two weeks. **INITIALS:** \_\_\_\_\_
  - They do not have any preexisting heart ailments or respiratory ailments. **INITIALS:** \_\_\_\_\_
  - They are without any preexisting mental health conditions such as Bipolar Disorder, Schizophrenia, or Psychosis. **INITIALS:** \_\_\_\_\_
  - They are of the understanding that consumption of ayahuasca has in the past resulted in injury or death. **INITIALS:** \_\_\_\_\_

- They are of the understanding that there are inherent risks of being in a wilderness environment that may cause injury or death. **INITIALS:**\_\_\_\_\_
- They are accepting of all risk for the consumption of ayahuasca or other natural medicines. **INITIALS:**\_\_\_\_\_
- They may feel worse (mentally, physically, emotionally) during or after as part of their process working with ayahuasca. **INITIALS:**\_\_\_\_\_
- The Organizer cannot accept responsibility for theft or damage to belongings. **INITIALS:**\_\_\_\_\_
- In the unlikely event of a psychotic episode or adverse reaction to ayahuasca medicine, the Organizer reserves the right to offer care and emergency protocol as is deemed fit by the facilitation team and with the support of the next of kin or the emergency contact, including but not limited to the use of anti-psychotic medication, the ability to retain the guest onsite for monitoring beyond the end of their retreat, and liaising with local emergency medical and hospital facilities. **INITIALS:**\_\_\_\_\_
- Participation in the ceremonies is entirely voluntary and you are free to opt out, if you wish, before the start of the ceremony. However, you must follow the instructions of the facilitators and healers at all times so that your safety is not jeopardized. **INITIALS:**\_\_\_\_\_
- Should a Participant decide to leave a workshop prematurely, for whatever reason, the Organizer is not responsible for the reimbursement of monies or for denouncements by the attendee. **INITIALS:**\_\_\_\_\_
- If they have provided incorrect information or obscured details, that they may be endangering themselves and others and can be expelled from the retreat without question and without refund at the sole discretion of the Organizer. **INITIALS:**\_\_\_\_\_
- The Organizer is not responsible for the decision of any guest to stop taking medication or for changing their medication schedule, and accepts no liability for any adverse effects from doing so. The Participant acknowledges that the Organizer has advised the Participant to seek medical advice and/or supervision from their prescribing doctor before reducing, ceasing, or changing any medication. **INITIALS:**\_\_\_\_\_

### **Full and Final Settlement**

1. The Participant hereby acknowledges and agrees that the Participant has carefully read this Agreement, that the Participant fully understands the same, and that the Participant is freely and voluntarily executing the same.

2. The Participant understands that by signing this Agreement, the Participant agrees to be forever prevented from suing or otherwise claiming against the Organizer for any property loss or personal injury that the Participant may sustain while participating in or preparing for the above noted activity.
3. The Participant understands that participation in a ceremony / retreat of Ayahuasca might present a risk of injury or harm, and Participant agrees that this risk is fully borne by the Participant.
4. The Participant releases and agrees to waive any and all liability, from and against any and all damages and claims of any kind, known or unknown, that may be connected, are the result of, or arising from consideration, preparation, implementation or participation in the aforementioned ceremony/retreat of Ayahuasca, against The Organizer. This includes, but is not limited to, claims involving economic loss, illness or medical condition, injury or accidental death.
5. The Participant acknowledges and agrees that the Organizer's advice is in no way to be construed or substituted as medical or psychological counseling or any other type of therapy or medical advice.
6. Participant is aware and conscious that there are risks that I may not have considered, yet I waive my right to any claims that may occur from these unconsidered risks, and I choose, of my own will and volition, to participate in the activities listed in Page 2.
7. It is Participant's responsibility to consult a physician before participating in activities, and Participant affirms that they do not have any medical, physical or psychological conditions that would restrict Participant from participating in any of the activities listed in Page 2.
8. Participant will consult their doctor before taking or stopping any medication.
9. This Agreement contains the entire agreement between the parties to this Agreement and the terms of this Agreement are contractual and not a mere recital.

### **Governing Law**

This Agreement will be construed in accordance with and governed by the laws of the State of Florida, United States of America.

### **Covenant Not to Sue**

Participant will not initiate any lawsuit or other court action against the Organizer, nor will Participant join any such proceeding, including any claim for monetary damages. Participant admits and agrees that they are entering a covenant not to sue the Organizer in any capacity, including to hold the Organizer liable for any injury, losses, or damage sustained by Participant or Participant's property, even if it is due to the Organizer's negligence or omission. I also relinquish the right of any of my insurers' to demand any such claim.

**Indemnification**

Participant hereby agrees to waive any and all legal claims against the Organizer and indemnify the Organizer and its affiliates, (if applicable) directors, officers, subsidiaries, employees, agents, successors, assigns, and sponsors and hold them harmless against any and all damages, losses, injury whether tangible or intangible legal claims and demands, including reasonable attorney's fees, which may arise from or relate to my participation in Activities or my conduct or actions.

**Enforcement and Severability**

This Liability Waiver will bind and be enforceable against Participant and all of Participant's representatives. Participant agrees that this Agreement should be enforceable to the fullest extent of the law, and if any portion is held invalid, the remainder should continue in full legal force and effect.

I HEREBY CERTIFY that I have attentively read the contents of this Waiver and Release and agree that by signing this, I forfeit any right, claim, or ability to hold the Organizer responsible for any losses related to the activities which may occur before, during, and after participating in the activities associated with Organizer.

\_\_\_\_\_  
SIGNATURE  
Participant Name: \_\_\_\_\_  
Date: \_\_\_\_\_